

### KINDERGARTEN READINESS





# How do I know if my child is ready for kindergarten?

## Games to Play with Your Child

- Candyland
- Chutes and Ladders
- Memory
- Go Fish

### **Educational Apps**

- Starfall
- ABC Mouse
- ABCya!

#### A Kindergarten student can...

- Recognize their name
- Write their first name
- Recognize the difference between letters and numbers
- Identify some capital and lowercase letters
- Use toilet independently
- Follow simple directions
- Put on/remove coats and jackets without help
- Count to 10

# How can I prepare my child for kindergarten?

- 1. Allow your child to use pencils, scissors and crayons at home for different activities. We encourage you to have your child use the scissors with cutting old magazines, old guides, newspapers, grocery sales sheets, etc.
- 2. Give your child simple two- or three-step directions to follow at home. Example: Walk to the refrigerator, get the milk and place it on the counter.
- 3. Give your child opportunities to wait for something. Example: Have your child not be first in line, waiting for a snack, etc.
- 4. Give your child opportunities to play and share with others. Example: Playing with Legos and another child wanting the piece your child has at the time. Practice resolving that issue respectively with both children.
- 5. Practice having your child take care of his/her own needs such as toileting (wiping, washing hands independently).
- 6. Practice putting on a coat and zippering the coat up. First with assistance and then without assistance with the goal of the student being able to put the coat on and zippering it up independently.
- 7. Remember to read books with your child daily. Reading is the number one thing you can do for kindergarten readiness to help your child.
- 8. Continue to make your child aware of letters and words around them. Examples: road signs, EXIT signs, menus, restaurant/store signs, light switch on/off words, print on cereal boxes, canned goods, etc.
- 9. Sing familiar songs with your child. Ex: ABC song, Twinkle Twinkle Little Star, etc.
- 10. Encourage some independent skills. Ex: have your child attempt to open a snack, open water bottle, put away toys, etc.

